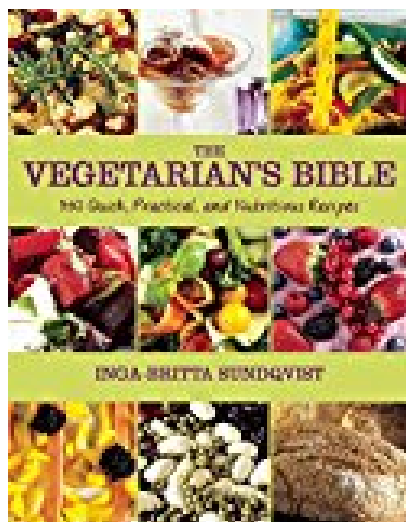


The Vegetarians Bible 350 Quick Practical and Nutritious Recipes



BOOK DETAILS

- Author : Inga-Britta Sundqvist
- Pages : 352 Pages
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BOOK SYNOPSIS

Discusses different types of vegetarian diet, choosing environmentally friendly and healthy foods, storage, and food categories, and provides menus for themed buffets and recipes for main and side dishes, beverages, desserts, and other foods.

THE VEGETARIANS BIBLE 350 QUICK PRACTICAL AND NUTRITIOUS

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