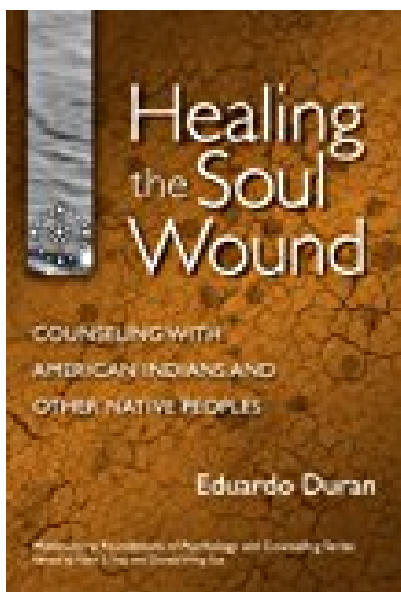


Healing the Soul Wound Counseling with American Indians and Other Native Peoples Multicultural Foundations of Psychology and Counseling



BOOK DETAILS

- Author : Eduardo Duran
- Pages : 148 Pages
- Publisher : Teachers College Press
- Language : English
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BOOK SYNOPSIS

Eduardo Duran, a psychologist working in Indian country, draws on his own clinical experience to provide guidance to counsellors working with Native Peoples. Translating theory into actual day-to-day practice, Duran presents case materials that illustrate effective intervention strategies for prevalent problems, including substance abuse, intergenerational trauma, and internalized oppression. Offering a culture-specific approach that has profound implications for all counselling and therapy, this groundbreaking volume: provides invaluable concepts and strategies that can be applied directly to practice; outlines very different ways of serving American Indian clients, translating Western metaphor into Indigenous ideas that make sense to Native People; and presents a model in which patients have a relationship with the problems they are having, whether these are physical, mental, or spiritual. It includes a section in each chapter to help non-American Indian counsellors generalize the concepts presented to use in their own practice in culturally sensitive ways.

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